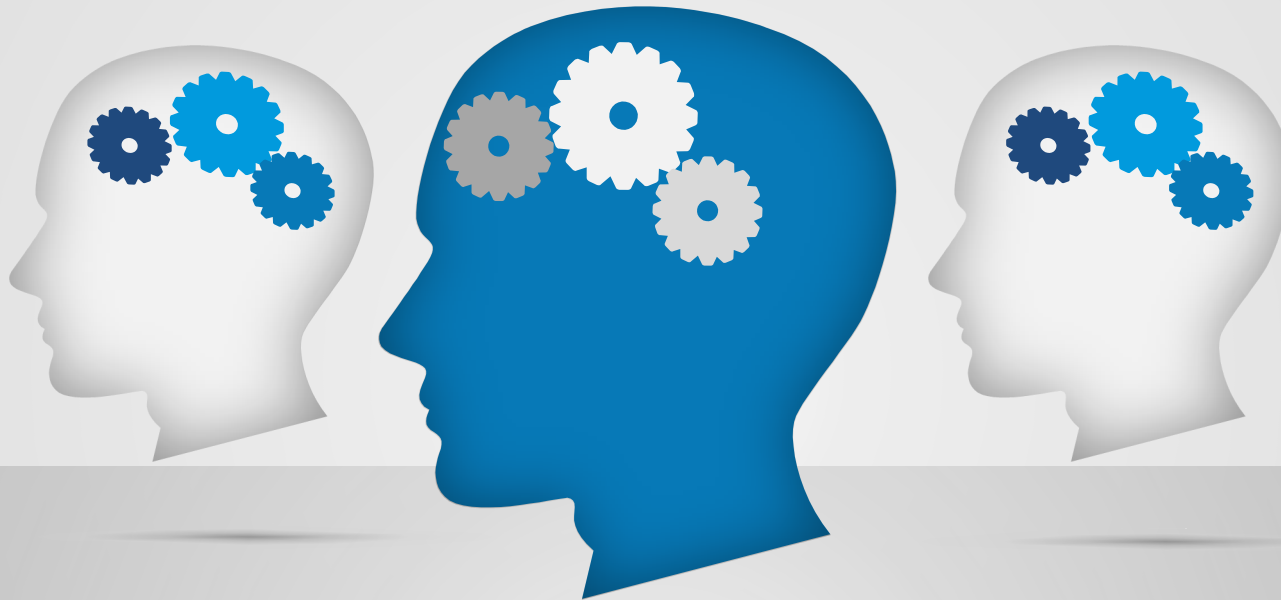


Minister Survey: Mental Health



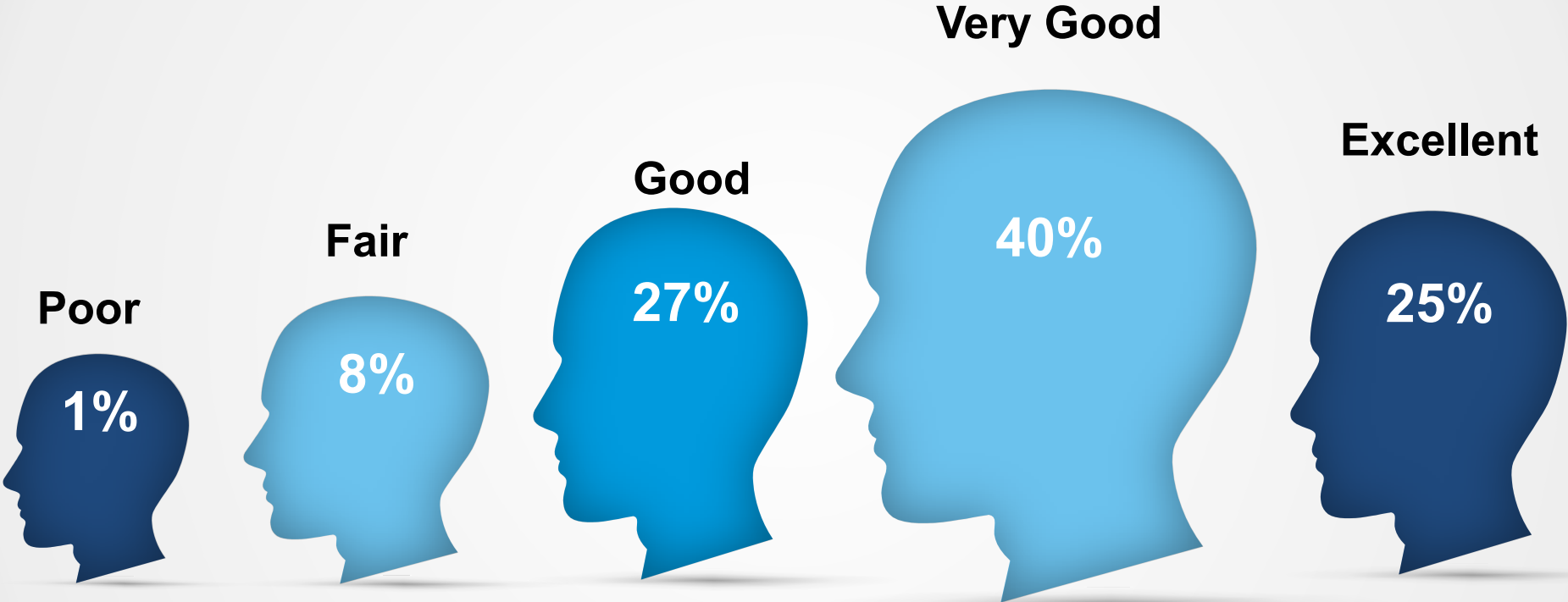
*The report has been prepared for:
Donna Miller, PsychD
Associate for Mental Health Ministries
Compassion, Peace and Justice*

Susan Barnett, PhD
Jashalund Royston, MA
Research Services

January 2020

In general, how would you describe your mental health?

N=3,838



Percentage of ministers who view themselves as *less than capable* to respond to the following situations: N=3,191

Capabilities

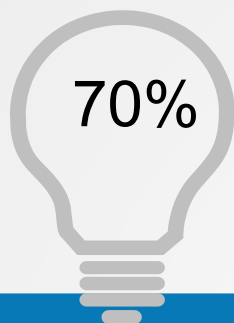
Honest self-assessment is valuable for everyone. It is unrealistic to think that all ministers are equally capable in all dynamics of ministry. Understanding your abilities allows you to think about those skills that can be improved and to know when it is best to allow another colleague more skilled in that area to provide the care. With that, ministers were asked about their effectiveness in their ministry

Using a 5-point scale of *not at all capable* to *very capable*, most ministers give themselves a score of 4, that is, capable of providing effective ministry with few ministers saying that they are *very capable*.

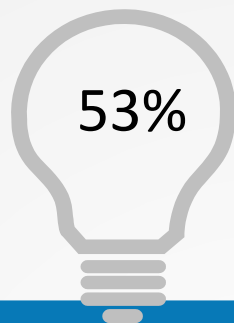
32%	A person comes to me asking where to get help with a mental health problem
43%	A person confides in me that s/he is feeling suicidal
42%	A person asks for help with drug or alcohol addiction
55%	A person with visible signs of mental illness or substance misuse attends an event that is part of my ministry
41%	A family member comes to me with concerns about a loved one with signs of mental illness, suicidal feelings, or addiction
54%	A colleague shows signs of a mental health problem or substance misuse
46%	Pastoral care in the aftermath of a traumatic event such as the suicide of someone involved in my ministry or a hate crime, mass shooting, or natural disaster in my local community
45%	A leader of a youth ministry in which I am involved comes to me with concerns about the mental health of a young person involved in the ministry
36%	I face a mental health challenge myself

Resources ministers would find helpful...

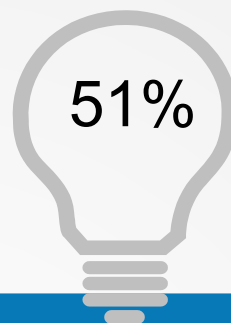
N=3,231



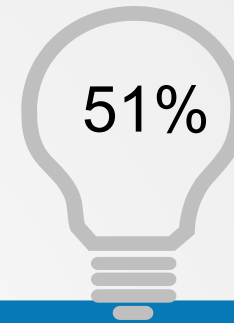
Training in recognizing and responding to mental health issues that arise in a pastoral situations



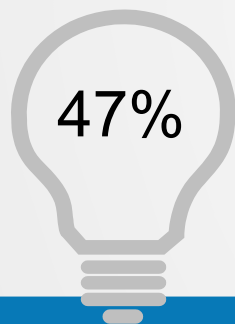
Mental Health module in seminary as part of preparation for ministry



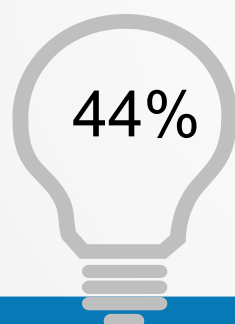
Information about Mental Health First Aid courses available in my community



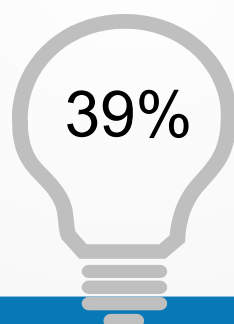
Information about creating faith communities that feel safe and welcoming for everyone



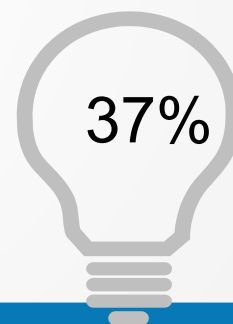
Information about models and examples of mental health ministry across the church



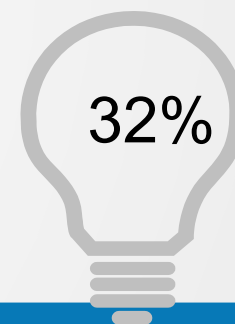
Peer support groups for ministers



Age-specific mental health curricula



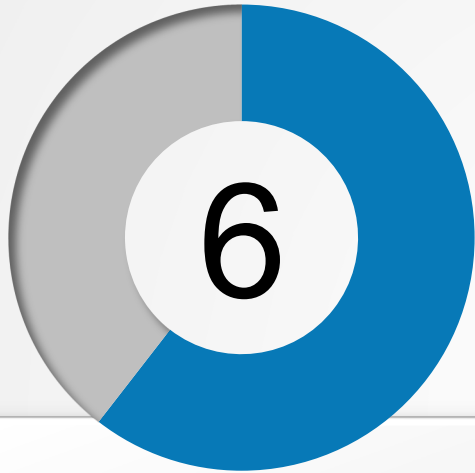
Mental health worship resources such as bulletin inserts, sermon ideas, readings, and stories



Access to grant funding for initiating or expanding mental health aspects of my ministry

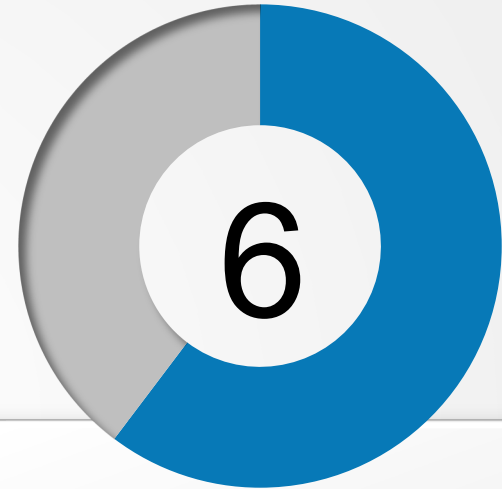


On a Scale of “0” to “10”...



How would you rate access to mental health services in your local community?*

N=3,713



How welcoming do you think people with mental health challenges would rate the activities of your ministry?***

N=3,090


* "0" meaning no access and "10" meaning excellent access; Average rating given

** "0" meaning not at all welcoming and "10" meaning extremely welcoming; Average rating given




Where have you received training doing ministry with people with mental illness?

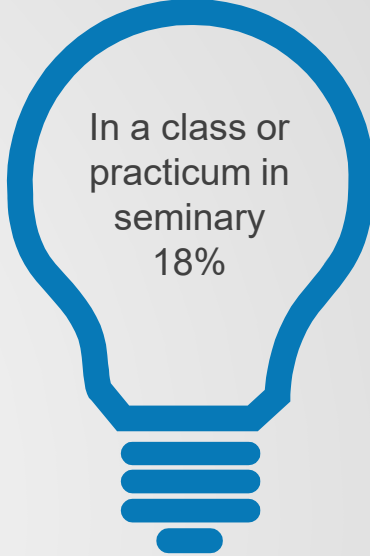
N=3,693



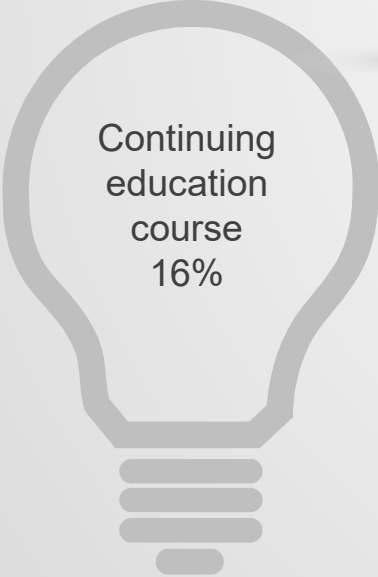
I have not received training in this 44%




Training in the course of doing my job 22%



In a class or practicum in seminary 18%



Continuing education course 16%



Training sponsored by a religious organization for which I have worked 8%



Training sponsored by a secular employer 8%



How did the received training affect your skills in this area?

N=1,921

