Mental Health Ministries Grant Program Recipients

Cycle 1 of 2, 2019

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| Grantee Project/Fiduciary Agent | Description | Immediate reach | Potential impact |
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| Presbyterian Mental Health Network/Covenant Presbyterian Church, San Antonio, TX | To launch the churchwide Presbyterian Mental Health Network called for by 223rd General Assembly Item 10-11. To facilitate connection among congregations for the advancement of mental health ministry. | 9,161 congregations | Churchwide cross-pollination |
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| Pathways to Culturally Appropriate Mental Health Support/Synod of Lakes and Prairies | Exploratory initiative to align racial equity, inclusive access and cultural traditions into the goals, operations, and services of mental health centers and community-based programs across the synod and its presbyteries. | 790 congregations | Model addressing intersection of race, culture, mental health applicable churchwide |
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| Partnerships for Wholeness/Presbytery of Eastern Oregon | Bringing faith communities, community mental health programs, and peers together to improve the mental health of remote, rural communities through training (Mental Health First Aid training), dialogue, and collaboration. | 14 congregations | Model for presbytery-initiated ministry in remote rural settings |
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| Hope and Healing/Pittsburgh Seminary (in partnership with Upper Ohio Valley and Washington presbyteries) | Continuing Education program equipping rural congregational leaders to provide spiritual care and mental health resourcing in the underserved areas of SW PA, SE OH, and WV. Components include differentiating spiritual/mental health care needs, Mental Health First Aid Training, local mental health referral networks. | 130 + congregations | Model for seminary/presbytery partnership to provide mental health C.E. informed by local need |
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| Comfort My People: Mental Health in Healthy Congregations/St. Augustine Presbytery, Florida | Congregations grouped into 4 regions—initial needs assessment to inform regional events with training/program resourcing. Proposed training and programming pieces include local Referral Resource Kits for pastors, Mental Health First Aid training (locally available), QPR Suicide Prevention training, *Jesus Loves Me Story Time and Games* (pre-school/elementary), *Take Time to Talk* (bullying prevention for adolescents/families), and *Feel Good Jeopardy* (adults/senior). | 58 congregations | Model for presbytery-initiated mental health ministry |
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| Sweaty Sheep New Worshipping Community: Sailing Beyond Stigma /San Jose Presbytery | Utilizes intentional recreational/retreat experience to bridge stigmatized populations for shared learning across faith, social, economic and situational barriers, such as living with serious mental illness and being homeless. Proposes multiple pathways for pastors/church leaders/congregations to engage ( e.g., participation in ‘mixed’ (50/50) Zephyr Point retreats/recreational sailing, youth resource for mental illness awareness, using the existing 14-resident ‘sobriety home’ as a resource for shared learning, bringing together church leaders and sobriety home residents for retreats via shared Bible study, discussion groups, sailing, or shared art experiences. | 32 congregations | Model for addressing stigma at intersection of serious mental illness, substance misuse, and homelessness. |
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| Day of Recovery and Wellness/Wilton Presbyterian Church, Wilton, CT, Southern New England Presbytery | Launching of a mental health ministry to honor and celebrate alcohol and substance abuse recovery aimed at “sober curious, those in recovery, and those who love them,” connecting mental health professionals and services with those who want/need their help (via speakers, ‘open’ AA sessions, therapists on hand). Kick-off event to be followed by trainings/events informed by learning captured in the initial event and engaging area congregations. | Congregations in local area | Model for mental health ministry addressing stigma with focus on alcohol and substance abuse recovery |
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## Total grant funding awarded in Cycle 1: $ 68,550 + $ 10,000 allocated for a ‘matching grant’ to be released to the churchwide Presbyterian Mental Health Network in 2020 contingent on its raising $ 10,000 matching funds.